







ParaCoaching Xcellerator Series

PARTNERSHIP

-  SPIN Sport Innovation (Co-Ordinator)
-  Århus Burnouts
-  Parasport Denmark
-  NPC Latvia
-  International Federation of Cerebral Palsy Football
-  International Council for Coaching Excellence



Para Table Tennis



CP Football



Para Swimming

KEY MILESTONES

- (1) 'DISCOVERY' XCELLERATOR
- (2) 'VALIDATION' XCELLERATOR (P1 & P2)
- (3) EVENTS WITH OWN COACHING COMMUNITY
- (4) 'IMPACT' XCELLERATOR

paracoaching^x

XCELLERATOR PROCESS

Discovery



Discovery Discussions
Participants discuss to find where the synergies between their activities and approaches are.



Knowledge Market
Participants exchange knowledge depending on what they have to offer and need to know



Ideation
First idea creations on how the different organisations can help each other



Validation



Expert Advice & Mentoring
Participants receive expert advice on their drafted initiatives and results of the Ideation phase



Idea Validation
The ideas are validated by the group and drawn up into a Collaboration Model



Public Event Planning
The participants use the Expert Advice and Collaboration Model to plan their coaching community event.



Impact



Community Building
Participants host their national/local event using the Collaboration Model to discuss key themes/topics relevant to their coaching community



Inspiration
The ideas and approach is spread to the immediate coaching community creating an environment of informative exchange



Message Multipliers
Media materials and a marketing strategy brings the messages into the wider public networks



Xcellerator Session (1)

WHAT WILL WE DO DURING THE SESSION?

- Establish the Status Quo for each partner & E-Coaching
- Exchange knowledge, resources and expertise
- Establish first ideas for how the project can support your E-Coaching activities

WHAT WILL WE DO AFTER THE SESSION?

- Each partner completes the E-Coaching Partner Plan (concretely set expectations & objectives, plan your activity, identify the resources you need, select a Coaching Community Event)
- Experts and Mentors will be identified and booked for Xcellerator Session (2)

Xcellerator Session (2)

WHAT WILL WE DO DURING THE SESSION?

- Experts and Mentors will provide tailored input
- Partners will present their E-Coaching Plan to the group and to Experts and Mentors
- Partners will discuss their plans for their Online Coaching Community Sessions

WHAT WILL WE DO AFTER THE SESSION?

- Partners will update their E-Coaching Partner Plan (based on the feedback from Experts, Mentors and Partners)
- Partners will plan their Coaching Community Sessions (logistical and content based planning)

Xcellerator Session (3)

WHAT WILL WE DO DURING THE SESSION?

- Review the activity and progress since Xcellerator Session (1)
- Plan for the sustainability and longevity of activities

WHAT WILL WE DO AFTER THE SESSION?

- Each partner completes the E-Coaching Partner Plan (set expectations, plan your activity, identify the resources you need)

Coaching Community Sessions

WHAT WILL YOU DO DURING THE SESSION?

- Bring your coaching community together digitally (or in person) based on your needs. Starting out? Run an engagement & feedback session with coaches to understand their perspectives. Have an established format? Utilise PCX funds to enhance and showcase how coach development online.
- Perhaps you have an activity which is already established and you want to enhance it through the PCX project, perhaps you want to run a session dedicated entirely to project and your E-Coach development plan...both are fine!
- Link to the PCX project through your session
- Record & document the session (further info will be provided as to how this can be supported)

WHAT WILL WE DO AFTER THE SESSION?

- Partners will update their E-Coaching Partner Plan (based on the experience and how it relates to the project)