



## Shout N Share Project // [Introduction](#)

The Shout N Share Project is a joint venture between Parasports World, the European Paralympic Committee, Parasport Denmark, the National Olympic Committee of Denmark and the National Sports Academy Bulgaria. The project is co-funded by the Erasmus+ Programme of the European Union and seeks to showcase youth Parasport to inspire and motivate other young people to become involved.

## Shout N Share Project // ['My World' Video Campaign](#)

- As part of the project a Video Campaign entitled **'My World'** will be developed.
- The video campaign will give people an insight into the feelings and emotions of being a Para-Athlete
- Para-Athletes attending the European Para Youth Games in Lahti will be selected and interviewed to feature as part of this campaign
- Videos will be produced along three themes:

### > [I Love Parasport](#)

This video will give an insight into why the athlete loves Para-Sport, what does it make them feel? What are the highs and lows? What makes them train hard? etc

### > [The Moment](#)

This video gives an insight into what it's like to be a Para-Athlete in a high pressure situation. i.e. Football; Taking a penalty kick. Athletes will describe what that moment feels like, the atmosphere, the mental process. etc

### > [This Photo](#)

An athlete will describe an image which means a lot to them, looking back on a certain moment in their Para-Sport career. It could be their first race, their last race, their biggest challenge. They will describe how it makes them feel reflecting on that image now.

### >> [When will recording take place?](#)

- Interviews and recording will take place during the European Para Youth Games in Lahti and will last no longer than 1 hour
- All voice overs will be recorded in the native tongue and subtitled into (at least) English
- Questions will be provided to the interviewee prior to the interview (in English), with the recording based on answers (in native tongue) pre-written by the selected athletes

### >> [How can you get involved?](#)

- Simply complete the form below, nominating 2 athletes who will be attending the European Para Youth Games in Lahti
- If your athletes are selected you will be contacted to arrange and prepare the details of the interview together with the athletes