

Shout N Share Project // 'My World' Video Campaign

Script // I Love Parasport

The below is a script outline for the My World' Video Campaign 'I Love Parasport'. Questions will be asked in English, but the athlete should please respond in their native language. Answers should then be translated and recorded in English (either by the athlete or by a member of national team staff) which will then be used to subtitle the video. Please translate after each question.

Intro

In this section the athlete will be asked to introduce themselves in the following format:

My name is <full name> , I'm <age> , from <country> and I'm a <sport>

Example

My name is Ellie, I'm 18, from Great Britain and I'm a Para Swimmer

I Love Parasport (1)

In this section we would like to hear about why you love Parasport in general, describing things like how does it makes you feel? what it has taught you? how it has helped you to develop? etc

Example

I love Parasport because it has taught me so much. Taught me how to be confident, taught me to sacrifice and to push myself beyond what others think of me.

I Love Parasport (2)

In this section we would like to hear about why you love your specific Parasport so much. When you're practicing your sport what sort of emotions do you experience? What does your sport give to you? How does it make you feel? What motivates you?

Example

I love swimming because I'm at home in the pool. It's my place where I'm in control, where I can focus and for those moments I'm Ellie the swimmer. Swimming gives me a freedom that very precious to me.

I Love Parasport (3)

In this section we would like to hear about a specific part of Parasport, such as training, competition, the night before a big competition, meeting your teammates after weeks apart, meeting new people from around the world (anything which makes Parasport special to you!)

Example

Competition day is something I love. All the feelings and emotions that come up, even the nerves, I just embrace them. I love looking along the line of swimmers knowing that I'm going to have to perform my very best, it pushes me right to the edge of my capabilities.

Outro

I'm <full name> , and this is my World