

## Shout N Share Project // 'My World' Video Campaign

### Script // This Photo

The below is a script outline for the My World' Video Campaign 'This Photo'. Questions will be asked in English, but the athlete should please respond in their native language. Answers should then be translated and recorded in English (either by the athlete or by a member of national team staff) which will then be used to subtitle the video. Please translate after each question.

#### Intro

In this section the athlete will be asked to introduce themselves in the following format:

My name is <full name> , I'm <age> , from <country> and I'm a <sport>

*Example*      *My name is Ellie, I'm 18, from Great Britain and I'm a Para Swimmer*

We would like to hear about a certain photo selected by the athlete (see example photo below) which represents a special moment in Parasport to them. Athletes will describe what the photo means to them, how they felt, how they remember the moment etc.



#### This Photo

**Question**      Why is this photo important to you?

*Example*      *This photo is important to me because it shows the moment before my first serve at my first international table tennis tournament. I had worked so hard to get to this point, so much training, so much sacrifice, but here I was, bat in hand and ready to go, it was quite surreal.*

**Question**      Which emotions were you feeling when this photo was taken?

*Example*      *Right at this point I was feeling so many emotions. I was proud, I was nervous, I was happy for my family who had given so much to me to get to this point. But of course all of this only lasted a couple of seconds, I had to quickly forget all of the emotions and*



	<i>focus on the game ahead.</i>
<b>Question</b>	When you see the photo, now, how does it make you feel and why?
<i>Example</i>	<i>When I see the photo now it makes me feel great pride. I actually went on to lose the game but this was really the beginning of something for me. It was a big step in my Para-Sport career and although it was a kind of achievement then, I look back now and see that it was just the start.</i>
<b>Question</b>	How do you think this photo can inspire other young para-athletes like you?
<i>Example</i>	<i>I hope this photo can inspire people never to give up. I had to work really hard to get to that point and there were plenty of times that I wanted to forget about Table Tennis, when I didn't want to train before school. This photo is my validation, that all the hard work was worth it.</i>
<b>Outro</b>	
I'm <full name> , and this is my World	